



Natalis Counseling & Psychology Solutions Schedule for Groups

Updated July 2017

Group participation is limited and may be closed to accepting new referrals. For all Natalis IOP referrals, please contact **Sama Issak, IOP Scheduling Coordinator, at 651-233-1521**. For all other groups, you may contact the respective provider by calling 651-379-5157, option 4, then use our dial by name directory.

Prior to group participation, all participants will need to complete a diagnostic assessment with a provider.

Mondays

9:00 AM to 12:00 PM	Natalis Intensive Outpatient Program (Adults) <i>Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office</i>
11:00 AM to 12:00 PM	Hmong Women's Support Group <i>Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office</i>
11:00 AM to 12:00 PM	Hmong Men's Support Group <i>Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office</i>
1:00 PM to 4:00 PM	Natalis Intensive Outpatient Program (Adults) <i>Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office</i>
1:00 PM to 4:00 PM	Natalis Intensive Outpatient Program (Young Adults) <i>Led by Adeline Taylor, MS, LAMFT at Natalis – St. Paul Office</i>
1:00 PM to 3:00 PM	Hmong Women's Support Group <i>Led by Nicole Ward, Psy. D., LP at Natalis – St. Paul Office</i>
3:00 PM to 4:00 PM	Hmong Women's Chronic Pain Management Group <i>Led by Nicole Ward, Psy. D., LP at Natalis – St. Paul Office</i>
4:00 PM to 5:00 PM	Hmong Women's Support Group <i>Led by Sonal Markanda, Ph.D, LP at Natalis – St. Paul Office</i>

Tuesdays

9:00 AM to 12:00 PM	Natalis Intensive Outpatient Program (Adults) <i>Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office</i>
11:00 AM to 12:00 PM	Hmong Women's Support Group <i>Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office</i>
12:00 PM to 1:00 PM	Hmong Men's Support Group <i>Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office</i>
1:00 PM to 4:00 PM	Natalis Intensive Outpatient Program (Adults) <i>Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office</i>
1:00 PM to 4:00 PM	Natalis Intensive Outpatient Program (Young Adults) <i>Led by Adeline Taylor, MS, LAMFT at Natalis – St. Paul Office</i>
4:00 PM to 5:00 PM	Hmong Women's Chronic Pain Management Group <i>Led by Vickie Wilhelm, MS, LPC at Natalis – St. Paul Office</i>

Wednesdays

10:00 AM to 12:00 PM

Hmong Women's Support Group

Led by Paul Blaske, MA at Natalis – St. Paul Office

4:00 PM to 5:30 PM

Hmong Women's Support Group

Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office

5:00 PM to 6:00 PM

LGBT Youth Group

Led by Nique Belleville, MA at Natalis – St. Paul Office

Thursdays

9:00 AM to 12:00 PM

Natalis Intensive Outpatient Program (Adults)

Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office

9:00 AM to 10:00 AM

Hmong Women's Chronic Pain Management Group

Led by Vickie Wilhelm, MS, LPC at Natalis – St. Paul Office

11:00 AM to 12:00 PM

Hmong Women's Support Group

Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office

10:30 AM to 12:00 PM
(every other week)

Hmong Women's Support Group

Led by Nicole Ward, Psy. D., LP at Natalis – St. Paul Office

1:00 PM to 4:00 PM

Natalis Intensive Outpatient Program (Adults)

Led by Elizabeth Goodchild, Psy. D., MBA, MA, LMFT at Natalis – St. Paul Office

1:00 PM to 4:00 PM

Natalis Intensive Outpatient Program (Young Adults)

1:00 PM to 4:00 PM
(every other week)

Hmong Women's Support Group

Led by Maradeth Searle, Psy. D., LP at Natalis – St. Paul Office

4:00 PM to 5:00 PM
(every other week)

Hmong Women's Support Group

Led by Maradeth Searle, Psy. D., LP at Natalis – St. Paul Office

Fridays

10:30 AM to 12:30 PM

(2) Hmong Women's Support Group

Led by Sonal Markanda, Ph.D, LP at Natalis – St. Paul Office

11:00 AM to 12:00 PM

Hmong Women's Support Group

Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office

12:00 PM to 1:00 PM

Hmong Men's Support Group

Led by Xulivong Moua, MA, LPCC at Natalis – St. Paul Office

12:30 PM to 2:00 PM

Hmong Women's Support Group

Led by Sonal Markanda, Ph.D, LP at Natalis – St. Paul Office